

SIGNATURE TREATMENTS

SEN THERAPY

90 min | IDR 750

Based on ancient Thai massage techniques, this traditional massage incorporates elements of gentle rocking, deep stretching and rhythmic compression to create a unique therapeutic massage experience. Stress relieving and energy boosting (no oil used).

THERAPEUTIC TRANQUILITY

60 / 90 min | IDR 600 / 850

Our signature massage that combines traditional Balinese, Thai and Oriental techniques, striving to relieve fatigue muscles, maintaining and refreshing energy flow and relieving stress and tensions by stimulating pressure points.

JEPUN CHAMPAGNE RITUAL

150 min | 1,750

A perfect way to pamper and heal a tired body is our exotic combination of a traditional Balinese massage, Balinese papaya- and coconut body scrub, Bengkuang body mask, and express Aloe Vera facial, followed by a Jepun Champagne bath with flower petals and a glass of Hatten Wines 'Jepun' Rosé sparkling wine.

COUPLE INDULGENCE

Recommended and especially created for couples

BALINESE JAMU BOREH

120 min | IDR 2,200 COUPLE / 1,250 SINGLE

Our special massage, combining Balinese and Acupressure technique, followed by a warming Jamu Boreh wrap, body scrub with carrot and yoghurt as well as rejuvenating herbal bath.

ROYAL JAVANESE LULUR

120 min | IDR 2,400 COUPLE / 1,350 SINGLE

Traditional Javanese massage followed by a luxurious body scrub that is thought to be loved by Royal ladies for centuries, including smoothening yoghurt treatment and tropical flower bath.

RELAXING

BALINESE TOUCH

60 min | IDR 600

Combining acupressure and long, soft strokes, the gentle Balinese massage is improving blood circulation and deeply relaxing.

NECK & SHOULDER STRESS RELIEF

30/60 min | IDR 280/495

A chair massage that incorporates Thai massage techniques to improve movement, relief back pain and headaches.

FOOT REFLEXOLOGY

45 min | IDR 375

Gentle feet massage to activate the body's own healing process.

AYURVEDA

The word Ayurveda consists of the words 'āyus', meaning 'life' and 'veda', meaning 'related to knowledge/science'. The 'science of life' is and ancient Indian natural healing system. In Ayurveda, we make use of preventative methods towards ill health, leading to longevity and natural balance.

CHAKRADHARA ABHYANGA

90 min | IDR 895

Abhyanga, a Sanskrit word for oil massage, is a form of Ayurvedic medicine, involves warm organic oil to rejuvenate body tissue, improve blood circulation and rejuvenate the skin.

AYURVEDA SHIRODARA

120 min | IDR 1,250

Ayurveda massage followed by a purifying Ayurvedic Shirodara experience, dripping warm organic oil onto the forehead. Shirodara is a natural therapy to promote longevity and natural balance. Relaxing muscles and nerves, detoxifying by warming the lymphatic drainage system.

BOLUS BAG THERAPY

120 min | IDR 1,190

Originally exclusive to royal families and nobles, this treatment begins with an Ayurvedic massage and incorporates warm, medicinal and herbal bolus bags, gently massaged to strengthen muscles, relieve tensions and enhance sleep.

VASTI TREATMENT

120 min | IDR 1,250

Our Ayurvedic Vasti treatment begins with an Abhyanga massage, that improves the effectiveness of the following medicated oil treatment of specific areas, such as your lower back, neck treatment, knee or navel. Please talk to your therapist about further details.

BEAUTY

Kindly contact our Spa Therapists for individual beauty offers

HAIR SPA

60 min | IDR 490

A nourishing hair cream bath and scalp massage. We are using exclusive products to rejuvenate your hair and bring back natural shine, moisture and smoothness to dry and damaged hair.

ALOE VERA FACE RITUAL

60 min | IDR 445

Bio-Aloe-Vera facial to cleanse, refine and restore all skin types, leaving it looked soothed, smoothed and healthy. Alternatively, try our Cucumber & Bengkuang facial, excellent for all skin types.

HOMEMADE PAPAYA BODY POLISH

60 min | IDR 550

Papaya & coconut body scrub, that leaves your skin smoother and look healthier through exfoliation after scrubbing, including massage.

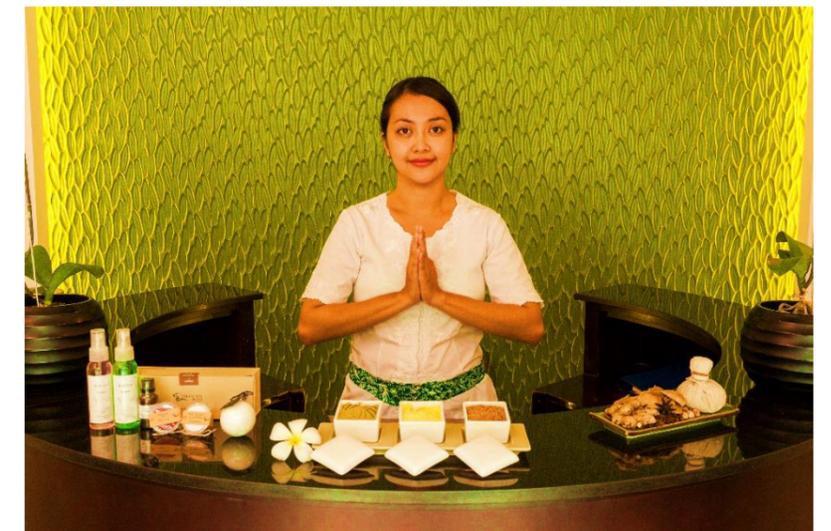
HAND & NAIL CARE

on request only

Kindly contact our Spa Therapists for more information.

Welcome to Spa Air! Our Spa services are inspired by traditional and modern therapies from around the globe with an emphasis on regional healing traditions from Asia.

We honor an universal, holistic approach to health and well-being and invite you to experience our Spa facilities, services and products, that are created in respect of our human need for relaxation, balance, well-being & beauty.



HOLISTIC WELLBEING

YOGA

90 min | Per person IDR 790 PRIVATE / IDR 1,150 COUPLE

Practice Yoga to gain inner peace and physical balance! Private Classes with our Yoga teacher are available daily on request. Please allow us at least one day in advance to schedule your individual personal session – held in our Yoga pavilion by the pool.

SPA AIR HOLISTIC PACKAGE 'SENSES'

210 min | IDR 1,800

Private Yoga Class (90 minutes) followed by our signature Sen Therapy massage that emphasizes on stretching and acupressure points, as well as a medicinal herbal aroma bath experience.

WATER PILATES

60 min | prices and availability on request

Flowing-water based workout focuses on muscular toning and definition through core-stability work. Ideal for persons with back problems, weak joints and anxiety. One day prior notice required.

PRIVATE MASSAGE CLASS

4 hours | IDR 2,860 COUPLE

COMBINATION TREATMENTS

Special packages of our most favorite treatments

GREEN HEALTH THERAPY

120 min | IDR 1,250

Balinese massage with acupressure techniques, Pandanus scrub, a white rice body mask (Bengkuang) and a medicinal green leaf bath such as fresh Pandanus leaves, peppermint, lemongrass and basil.

BALINESE JAMU BOREH

120 min | IDR 1,250

Our special massage, combining Balinese and Acupressure technique, followed by a warming Jamu Boreh wrap, body scrub with carrot and yoghurt as well as rejuvenating herbal bath.

ROYAL JAVANESE LULUR

120 min | IDR 1,350

Traditional Javanese massage followed by a luxurious body scrub that is thought to be loved by Royal ladies for centuries, including smoothening yoghurt treatment and tropical flower bath.

HERBAL HOT COMPRESS TREATMENT

120 min | IDR 1,400

Stress and muscle tension relieving dry acupressure massage, based on traditional Thai techniques (no oil used), followed by herbal hot compress, gently massaged to strengthen muscles, relieve tensions and enhance sleep.

BODY CARE

Natural and organic, gentle body scrubs, including a gentle massage

JAVANESE LULUR BODY SCRUB

60 min | IDR 590

A luxurious body scrub that is thought to be loved by Royal ladies for centuries, made of yellow turmeric and rice, based on a traditional Javanese recipe.

CO-CO BODY POLISH

60 min | IDR 590

Freshly prepared coconut- and coffee body polish is applied to provide you with a moisturizing exfoliation leaving your skin glowing and bright. The perfect preparation for a day on the beach.

TROPICAL ALOE VERA RITUAL

60 min | IDR 590

(+ADD ALOE FACIAL)

Aloe Vera facial + 30 min | IDR 295

Our cooling and healing Aloe Vera body mask restores and heals damaged skin, gently massaged onto your skin to cure sun-damages. Optionally, add a 30-minutes Aloe Vera facial that cleanses, refine and restores all skin types, leaving it looked soothed and healthy.

SPIRITUAL HEALING

靈氣



Our body is like a miniature of the world, there are universal rules and energies running through it, allowing humans to connect with nature. This energy flows will be weakened or diminished when we are not in a good condition, both physically and mentally.

Restore this order and your energy flow, receive inner balance with our well-experienced and certified Reiki Master Ibu Ruli:

REIKI

ca. 150 min | IDR 1,480

Reservation required at least one day in advance

Your Reiki master gently places her hands, non-intrusively in a sequence of hand positions that cover the whole body. During this time the body and mind are brought to a state of deep relaxation which enables the flow of chi (life energy) to move freely around the body. Including therapeutic massage and crystal bath.

SPIRITUAL DAY TRIP TO THE FAMOUS 'HOLY TEMPLE TIRTA EMPUL'

ca. 5 hours | IDR 3,150

Reservation required at least one day in advance, minimum 2 persons required

Leaving early in the morning, we will take you to the famous temple and the 13 holy springs of 'Tirta Empul', where our Reiki Master will introduce you to the traditional Balinese Offering, meditates and purifies body, mind and soul. Including light meal and water.

Ibu Ruli Febrita

Reiki Master & Spa Consultant

Born in Java, Indonesia. Ibu Ruli is a well experienced, certified Reiki Master & Healer with more than 15 years of international healing and Spa experience, including spiritual journeys and training in India, Thailand, Switzerland, Germany, Italy, Vietnam and Malaysia.



SPA AIR
PURIFYING & REVITALIZING

ADD-ONS

Enhance your Spa experience

FACE MASK 'PURE' ALOE VERA

per mask only IDR 75

Enjoy the nourishing benefits of this face mask soaked in Aloe Vera. Aloe Vera heals, moisturizes, strengthens and soothes the skin.

EXPRESS AVOCADO FACIAL

30 min | IDR 295

Our home-made organic recipe. Fresh Avocado is known to be loaded with the vitamins E, A, B and K, skin friendly minerals, unsaturated fats, and antioxidants that nourish and revitalize skin.

HERBAL HOT COMPRESS

30 min | IDR 315

Add to any massage: Our herbal hot compress, gently massaged to strengthen muscles, relieve tensions and enhance sleep.

AROMA BATH EXPERIENCE

45 min | IDR 348

ADD CHAMPAGNE

incl. two glasses Sparkling Wine | IDR 550

Natural Frangipani, or Spice Herbal or Crystal Bath. Add to your treatment to revitalize and refresh for the full wellness experience; Add Champagne for an unforgettable treat!

HOW TO SPA

Villa Air Bali | Boutique Resort & Spa

OPENING HOURS

Daily 9 AM until 11 PM (last booking 9 PM)

- Kindly shower prior to treatment, especially when used sunscreen; To enjoy the full spa experience, kindly come to the Spa min. 10 to 15 minutes prior to your appointment
- Most of our treatments are also available in the privacy of your villa (for resort guests), please contact us for details
- Late arrivals may not be honored and may be subject to time deduction (in case of fully booked treatment schedule)
- Our cancellation policy is 12 hours; we regret that 50% charge will be made for treatments cancelled with less than 6 hours' notice and 100% charge will apply for no-show
- Packaged offers are not refundable, not transferable and pre-booking is required for some of our offers
- Prices are in thousands of Indonesian Rupiah (x 1000)
- Prices are subject to 21% government tax and service charge