

SPA'AIR

# HOLISTIC REJUVENATION DAY

This full day (5-hours) Spa experience is designed to rejuvenate your mind and body through the application of our famous Ayurveda Shirodara treatment. In Ayurveda, we make use of preventative methods towards ill health, leading to longevity and natural balance. In combination with a traditional Indonesian body polish, relaxing bath & beauty treatments as well as a healthy three course lunch, we aim to offer you a unique experience and state of relaxation.



## **A full day spa package**

including Ayurvedic Shirodara treatment, Body scrub and therapeutic bath, facial treatment, hair cream bath and a healthy spa lunch.

**IDR 2,100,000++ / person**